

# CRUCIAL CONVERSATIONS

## FAMILY EDITION

**INSTRUCTIONS:** Although these conversations are uncomfortable, they will make the rest of your year so much better!

Graduating high school marks the beginning of a shift into adulthood, increases your independence and level of responsibility. Without addressing this shift, the rules will be the same and frustrations will mount - trust us!

## GAP YEAR QUESTIONS

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What makes everyone excited about this year?  
What makes everyone nervous about this year?

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What am I going to do once my gap year is over?

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What are some things that I am expected to do on my gap year? (ex. get a job, apply to post-secondary, explore a career)

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What are some activities that are off limits for my gap year?

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What is the budget? How much am I responsible for paying? What type of activities would others support with?

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If I am traveling, how long can I be away from home? Are there countries that are off-limits?

## LIVING AT HOME QUESTIONS

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What, if anything do I need to pay for? Rent? Food? Gas for the car?

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What household responsibilities, if any, am I responsible for?

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What are the rules around curfew, letting you know where I am and when I will be home?

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What are guidelines around "significant others" in the house?

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When we have a differing opinions, how will we address it?