



# WONG YU JIN

PROFESSIONAL SPEAKER, AUTHOR AND LAWYER

“ Yu Jin is an articulate, entertaining and energetic speaker who produced the exact results we wanted ”

JANE HUE,  
Head of Agency Events, AIA



## SOLUTIONS

**F I T**

### **FACILITATE** YOUR LEADERSHIP VISION

Get Yu Jin to facilitate and engage leaders at strategic retreats. From setting goals to designing departmental visions and growth action plans, Yu Jin facilitates sessions so senior leaders can participate more with their teams during the process of goal-setting, team building and action planning activities.

### **INSPIRE** YOUR EMPLOYEES & CUSTOMERS

Get Yu Jin to motivate and empower action in your employees, customers or prospects at kickoff events, conferences, retreats and learning festivals with powerful motivational keynotes. Whether in a crowd of 100 or 10,000, Yu Jin will engage the crowd with his energy and interactive style.

### **TRAIN** YOUR LEADERS & MANAGERS

Get Yu Jin to train and develop your leaders, managers and high potentials. Participants learn to drive performance growth, improve people management, develop leadership competencies and enhance teamwork to deliver stellar results at work.

## SIGNATURE KEYNOTE

### THE TRINITY OF SUCCESS

The Skillset, Toolset and Mindset for optimum performance

### POWER UP, BUILD TO GROW

The Growth Mindset for continuous innovation

### ENERGIZE & ACHIEVE

Inner Motivation and Personal Power for success

### STEP UP TO SALES

7 Steps To Enlarging Your Territory

### SUPER RESILIENCE

Building Mental Toughness in a disruptive world



## SIGNATURE WORKSHOP

### 7 LEADERSHIP LESSONS FROM THE RING

From good to legendary leaders

### FIT2LEAD

Mental Toughness For Extreme Leadership Performance

### FIT2SELL

Mental Toughness For Superior Sales Performance

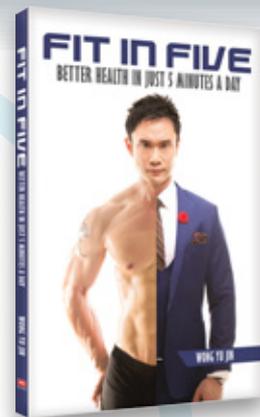
### FIT2PERFORM

Personal Effectiveness and Time Optimization

### FIT4TEAMS

High Energy Team Building

## KEY CLIENTS



### BOOK

**FIT IN FIVE** - Powerful and practical lessons for busy executives to optimize their health, mindset and performance.

## THE HEART ATTACK THAT SAVED HIM

Yu Jin was working 18-hour days as a lawyer and investment banker when he witnessed first-hand a massive heart attack suffered by his boss. He left his job, regained his balance and found his passion motivating and inspiring others to achieve peak performance without sacrificing their health and happiness. He is known for delivering entertainingly dynamic, engaging and interactive keynotes with high energy and authenticity that connects with audiences and delivers results. His expertise on mental state, physical optimization, emotional empowerment, self-esteem, focus, mental toughness, resilience and habit formation has earned him numerous awards including the Global Brands Icon in Peak Performance, Rising Star Speaker of The Year, Creative Young Entrepreneur, Top 40 Under 40 and Top 10 A-List. He also produced a number of TV shows, featured on the cover of top magazines and is an established author. Wong Yu Jin is a triple degree holder and is certified in various fields including NLP, Hypnotherapy, Time Line Therapy, Sports Science and Master Class Training.