



The S.P.A.R.K. Mentoring Programs are proven to be effective in helping youth create greater academic success, a healthier state of mind, and a deeper connection with peers, adults, schools and communities. Designed for children, pre-teens and teens, each of the S.P.A.R.K. programs are age appropriate and taught through a compilation of 13 – 22 highly, interactive lessons that Speak to the **Potential, Ability** and **Resilience** inside every Kid.

Each lesson covers relatable topics that help children & adolescents navigate the trials and celebrate the accomplishments of their school years. Through this program, participants will gain a better understanding of themselves and others, develop vital social and emotional skills, access their creative intelligence and cultivate their personal potential.

PROGRAM OBJECTIVES & RESULTS

The S.P.A.R.K. Mentoring curricula uses age appropriate content and activities that have been proven to effectively reduce risk around high-school drop-out, drug use, bullying, suicide, depression and anxiety, while building resiliency around academic success, social-emotional skills and healthy relationships.

These programs prepare students for the self-sufficiency and resiliency needed to become successful young adults.

Evidence-Based Results

- ✎ Resiliency - **66%** showed a positive increase in their level of resilience.
- ✎ Emotional Regulation– **64%** showed less difficulty in their ability to regulate their emotions and an increase in their Impulse control
- ✎ Communication, Decision Making and Problem-Solving Skills – **67%** increase in decision making and problem-solving skills.
- ✎ Connectedness and Conflict Resolution Skills – **66%** more reported that they have more understanding, feel more connected and have more tolerance of themselves and others.
- ✎ Connectedness to Family, School and Community – **66%** increase in reports that a strong relationship with a parent, guardian or other positive, adult role model is important., **66%** reported an increase in valuing their community and community service.

CURRICULUM COMPONENTS:

- ✎ Access to our Dynamic, Online Curriculum Platform
- ✎ Easy-to-Use, Comprehensive, Facilitator’s Guide, designed specifically with busy teachers in mind.
- ✎ Participant Companion Workbook for individual student use throughout curriculum instruction
- ✎ Instructional Companion Videos and Digital Resources
- ✎ Common Core Standard Correlations
- ✎ Built-In Evaluation Tools

Please see the S.P.A.R.K. Product Guide for more information on each of our curricula, as well as details about our trainings.

www.sparkcurriculum.org