



# Be More FOCUSED

(Get Far Better Results)

## Be Intentional

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1

Be very intentional about what you want to learn.

Choose a clear well bounded goal.

## Set A Clear Scope

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2

Don't try to eat all of NLP at once.

Be specific what you want to accomplish.

## Study From Masters

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3

Study NLP from a real master who can compress the time it takes to learn what you want.

Fill in the gaps in your process knowledge. The better your knowledge of how processes happen, the easier it will be to know what to focus on and what to change...

## Be Humble

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4

Be willing to look foolish. You are going to mistakes. Embrace it.

Ask for help. No one gets great alone.

Don't compare yourself to others, compare yourself to yourself.

## Make Study, Play...

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Bring a playful attitude to learning NLP, it's fun!

Practice every chance you get.

## Always Be Looking To Raise Your Game

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6

Train yourself to focus on feedback. You'll progress far quicker and go further.

Keep getting better. The road to mastery goes ever onwards...

